#### BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT

450 Erial Road Blackwood, NJ 08012 856-227-4106

Highland Regional High School Counseling Office 856-227-4100 Ext. 4036/4037

Timber Creek Regional High School Counseling Office 856-232-9703 Ext. 6052/6053

> Triton Regional High School Counseling Office 856-939-4500 Ext. 2021/2022

Bellmawr Police Department 856-931-2121

Gloucester Township Police Department 856-228-4500

Runnemede Police Department 856-939-0330

Camden County Department of Human Services 856-757-7285 www.camdencounty.com

#### NJ Department of Human Services

www.nj.gov/humanservices/dmhas/home/hotlines

REACH NJ New Jersey's Addiction Helpline

> Call 1.844.ReachNJ (1.844.732.2465)

www.reachnj.gov

www.nj211.org/addictions-hotline



## BLACK HORSE PIKE REGIONAL SCHOOL DISTRICT



## COUNSELING REFERRAL SERVICES

Teenagers are exposed to external and internal struggles which can impact student success. The Black Horse Pike Regional School District aims to provide all students with the knowledge, attitudes and skills to cope with these obstacles and develop a healthy lifestyle. Providing mental health support and referral to services is an integral part of our district's mission in promoting the well-

being of each student. The district partners with a network of community services and agencies, creating a coordinated effort to promote a continuum of care and services for all students and families.

## THERAPISTS

**Michelle Alberti, PhD.** Voorhees, NJ 609-760-9977 Adolescent Therapy

**Stephen Carroll** Haddonfield, NJ

856-795-0397 Individual & Family

Sandra Covelman, LCSW Voorhees, NJ 856-783-7551 Individual and Family

#### Carann Feazill, LCSW

Maple Shade, NJ 856-155-0800 Adolescent Counseling

#### Allison Granite, LCSW

Voorhees, NJ 856-981-1753 Adolescents/Family Girls/Stressful Life events

## Maryanne Hanzel, LMFT

Sewell, NJ 856-375-8188 Family Counseling

## School Counseling Departments

Counselors, CST, SAC & MHAC are available during school wide common lunch.

Students can also submit a request to see their counselor, case manager, or SAC/MHAC electronically or in person. Hope Honeyman, LCSW Cherry Hill, NJ 856-424-6887 Depression/Anxiety Specializes in teen girls

**Dr. Karen Sczaniecka PhD., LPC, LRC** Vita Therapeutic Counseling Marlton, NJ 856-452-1109

Meghan A. Krouse, LCSW Marlton, NJ 1-877-404-6078 Anxiety/Depression

**Gary Kushner, EdD** Cherry Hill, NJ 856-424-6966 ADHD/ODD Family Counseling

Jay Lappin, LCSW Collingswood, NJ 856-858-5346 Individual & Family

**Bettina Lowe, LCSW** Cherry Hill, NJ 856-573-1198 Grief Counseling

#### Karla Morse Mindful Therapy Center Marlton, NJ 609-353-5608 Gender Dysphoria

Ronna Palladino, LCSW

Family & Psychological Services Cherry Hill, NJ 856-424-4408 Depression/Self Esteem/ Individual & Family Therapy

## Notes

## THERAPISTS

**Igwe Paschal PhD, LPC** Moorestown, NJ 856-380-1070 Anxiety, School Anxiety

**Theresa Potts** Sewell, NJ 856-831-7767 Individual, Family and Grief Counseling

Amanda G. Rodriguez, LPC, LCADC Woolwich Township, NJ 856-832-6753 Mental Health/Substance Abuse

**Dr. Jocelyn Ross, PhD.** Cherry Hill, NJ 856-424-1065 Children and Adolescent

**Dr. Karen A. Saporito** Sewell, NJ 856-278-6095 Adolescent Mental Health Concerns, Autism Spectrum Disorders, ADHD Agent Alyssa Scolari Blackwood, NJ 856-842-5553 Gloucester Twp. Police Department Family Resource Center

Shelly Stahl, LCSW Haddonfield, NJ 856-797-1370 Adolescent and Family

Renee Stemmer Cherry Hill, NJ 609-313-5346 Adolescent Girl Group DBT Group

**Faith Tanner, LPC** Marlton, NJ 856-797-4727 Adolescent & Family

**Debra Waldman** Cherry Hill, NJ 856-988-2939 Adolescent & Family Depression/ Anxiety



# Mindfulness is simply

being aware of what is happening right now without wishing it were different.

> Enjoying the pleasant without holding on when it changes. (which it will)

Being with the unpleasant without fearing it will always be this way. (which it won't) - James Baraz

## **BEHAVIORAL & MENTAL HEALTH AGENCIES**

## **About Relationships**

1405 Chews Landing Road Suite 21 Laurel Springs, NJ 856-352-2264

## Center for Children's Support

42 E. Laurel Road #1100 Stratford, NJ 856-566-7036 Individual and family counseling for sexually abused children

## **Center for Family Guidance**

765 East Route 70 Bldg. A-100 Marlton, NJ 856-797-4700

## Center for Family Guidance Teletherapy 800-442-8938 Online video conferencing

Center for Family Services 108 Somerdale Road Voorhees, NJ 856-428-5688

#### **Child and Family Solutions**

900 Rte. 168 Wash. Professional Campus Suite D2 Turnersville, NJ 856-352-0054 Dr. Robert Crawford Connections Counseling 44 Cooper Street Suite 102 Woodbury, NJ www.connectionsnj.com 856-845-4447

Crisis Center Jefferson Cherry Hill Emergency Department 2201 Chapel Ave. West Cherry Hill, NJ 856-428-4357

Crisis Mobile Response PerformCare 1-877-652-7624 Press #2

#### DCP&P

Dept. of Children Protection and Permanency (Formerly DYFS) 1-877-NJ-ABUSE

**Fairmount Behavioral Health** 561 Fairthorne Ave. Philadelphia, PA 1-800-235-0200

Hampton Behavioral Health 650 Rancocas Road Westhampton, NJ 1-800-603-6767





800-572-SAFE

RFORM CARE CRISIS MOBILE 877-652-7624

## **PSYCHIATRISTS**

Center for Family Guidance 765 East Route 70 Bldg. A-100 Marlton, NJ 856-797-4700

Dr. Elizabeth Burns Caring Psychiatry 104 Independence Blvd. Sicklerville, NJ 856-885-4529

## Dr. Jo-Ann Cannon

4551 Route 42 Turnersville, NJ 856-728-7626

Dr. Heidi Cooperstein Moorestown, NJ 856-231-0690

## Dr. Peggy Harbison

Centra 5000 Sagemore Dr Suite 205 Marlton, NJ 08053 (856) 282-1649 Ext. 3015

## Dr. James Hewitt 442 Warwick Road Lawnside, NJ 856-547-1166

Dr. Helen Rosen 44 Cooper Street Suite 209 Woodbury, NJ 856-853-0222 Variety of mental health issues

Dr. Michael Shore 1500 N. Kings Highway Suite 106 Cherry Hill, NJ 856-428-8190 Substance abuse counseling

**Dr. Alexander Strauss** 

Centra 5000 Sagemore Drive Suite 205 Marlton, NJ 856-983-3866, Ext. 3004

## **BEHAVIORAL & MENTAL HEALTH AGENCIES**

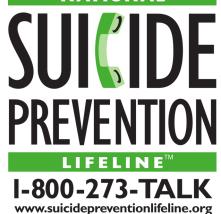
**High Focus Center** 

53 Haddonfield Rd. Suite 330 Cherry Hill, NJ 1-800-877-FOCUS **Inspira** 509 N. Broad Street Woodbury, NJ 856-845-0100

**Oaks Integrated** *Administrative Office* Oaks Integrated Care 770 Woodlane Road Mount Holly, NJ 609-267-5928 Fax: 609-267-2318 *Access Center* - 800-963-3377

Princeton House 351 New Albany Road Moorestown, NJ 1-888-437-1610

## NATIONAL



Residential Program 475 Spring Lane Philadelphia, PA *Outpatient Treatment* 15000 Midlantic Drive Suite 101 Mt. Laurel, NJ 1-800-RENFREW

The Renfrew Center

Samaritan Center for Grief Support 5 Eves Drive Suite 300 Marlton, NJ 1-800-596-8550

SERV Services Empowering Rape Victims 24/7 Hotline 1-866-295-7378

Starting Point 215 Highland Ave. Suite C Haddon Twp., NJ 856-854-3155

## SUBSTANCE ABUSE THERAPISTS/AGENCIES

## **OUTPATIENT PROGRAMS**

#### **Center for Family Guidance**

765 East Route 70 Bldg. A-100 Marlton, NJ 856-797-4700

## **Center for Family Services**

601 Black Horse Pike Williamstown, NJ 856-728-0404

## **Child and Family Solutions**

Wash. Pro. Campus 900 Rte. 168 Suite D2 Turnersville, NJ 856-352-0054

## **Genesis Counseling**

566 Haddon Avenue Collingswood, NJ 856-858-9314

## **High Focus Center**

53 Haddonfield Rd. Suite 330 Cherry Hill, NJ 1-800-877-FOCUS

## **Horizon Counseling**

Dr. Doug Crawford 408 S. White Horse Pike Audubon, NJ 856-547-6700

## Jefferson Behavioral Health

Turnersville 856-582-1419 Cherry Hill, NJ 856-488-6789 Lang Recovery Counseling Dr. Jeffrey Lang, PhD., LCADC 304 Newton Avenue Oaklyn, NJ 08107 609-980-3514

## **O'Leary Counseling** Lori O'Leary

630 Clements Bridge Rd. Barrington, NJ 856-547-1107

#### Princeton House

351 New Albany Road Moorestown, NJ 1-888-437-1610

SODAT Camden County 530 Cooper Street Camden, NJ 856-964-5000 Gloucester County 124 N. Broad Street Woodbury, NJ 856-845-6363

## Starting Point

215 Highland Ave. Suite C Haddon Twp., NJ 856-854-3155



## SUBSTANCE ABUSE THERAPISTS/AGENCIES

## **INPATIENT PROGRAMS**

## **Behavioral Crossroads**

509 Rt. 168 Ste. B Turnersville, NJ (855) 679-5138

## Daytop

Administrative Office 360 Mount Kemble Ave Morristown, NJ 07960 862-260-9460

## The Caron Foundation

243 N. Galen Hall Road Wernersville, PA 1-800-678-2332

## **The Lighthouse** 5034 Atlantic Ave. Mays Landing, NJ 609-625-4900 1-800-852-8851

#### Maryville

18+ yrs. old 1903 Grant Ave, Williamstown, NJ 856-629-0244

## New Hope Foundation 80 Conover Road Marlboro, NJ 1-732-946-3030

## **Pyramid Healthcare**

Many locations in the Eastern Pennsylvania area 1-888-694-9996



## S.T.O.P. Program

## Students Taking an Opposite Path

The S.T.O.P program is a therapeutic/ counseling program for parents and students. Certified counselors trained in addictions from the Center of Family Guidance meet with both parents and students in 5 week sessions. This early intervention program is initiated when a student has confirmed use of illegal substances, or at the request of a parent, and incurs no cost to the family. The goal of the program is to offer support to students and families at the onset of a

drug problem.